

# Monster

## Nutrition Facts

8 servings per container

**Serving size**     **2 ounces (57g)**

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**Amount Per Serving**

**Calories** 320

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**% Daily Value\***

<b>Total Fat</b> 19g	<b>24%</b>
Saturated Fat 7g	<b>35%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 160mg	<b>7%</b>
<b>Total Carbohydrate</b> 34g	<b>12%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 20g	
Includes 20g Added Sugars	<b>40%</b>
<b>Protein</b> 3g	

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Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.7mg	4%
Potassium 140mg	2%

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\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SALT, (CONTAINS LESS THAN 2% OF SOY LECITHIN, VEGETABLE MONO & DIGLYCERIDES, POTASSIUM SORBATE (A PRESERVATIVE), CITRIC ACID, NATURAL & ARTIFICIAL FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE ADDED)), PEANUTS, SUGAR, HYDROGENATED VEGETABLE OIL (COTTONSEED OIL, SOYBEAN OIL, RAPESEED OIL), DEXTROSE, SALT, MOLASSES, MONOGLYCERIDES, RTE HEAT TREATED FLOUR, PURE CANE GRANULATED SUGAR, BROWN SUGAR, LIGHT CORN SYRUP (CORN SYRUP, SALT, VANILLA), SOY (INTERESTERIFIED SOYBEAN OIL, HYDROGENATED SOYBEAN OIL), ROLLED OATS, CANDIES, MARS SNACKFOOD US, M&M'S MILK CHOCOLATE CANDIES, SEMI-SWEET CHOCOLATE (SUGAR, CHOCOLATE, COCOA BUTTER, MILK FAT, SOY LECITHIN, VANILLIN, ARTIFICIAL FLAVOR, MILK), VANILLA EXTRACT (WATER, ALCOHOL (35%), SUGAR, VANILLA BEAN EXTRACTIVES), SALT, SODIUM PROPIONATE

CONTAINS: MILK, WHEAT, PEANUTS, SOY  
COOKIE DOUGH BLISS.  
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